



STUDENTS IN THE AFTERSCHOOL PROGRAM WORKING ON DIRECTED DRAWINGS

# BES Afterschool Program: October 2018 Newsletter

IN THIS ISSUE: HEALTHY EATING

## Introduction

Welcome to the first edition of the Bucyrus Elementary Afterschool Program Newsletter! This monthly newsletter will capture the lessons and activities that occurred in the Afterschool Program all month long.

Each day in the program, students in first through fifth grades receive homework help and tutoring from teachers and educational aides in each grade level.



Once students are finished with their homework or if they do not have any, they can get further math and reading remediation through a computer program called Stride.



## Enrichment Coaches

Along with the grade level teachers and aides, we have four enrichment teachers who work with our students from time to time in the teacher's area of expertise.



This month Ms. Sutter our science enrichment coach worked with students to make bouncy balls and silly putty. During the experiments, students observed the chemical reactions that occur when solids and liquids are combined.



Students also worked on directed drawings this month with our art enrichment coach Mr. Feck. Directed drawings are accomplished by the teacher walking the students through each step of the drawing process for a specific figure.



Mr. Feck also did a clay molding demonstration for the kids this month.

Our other enrichment coaches who will work with students in the Afterschool Program throughout the year are our theater enrichment coach Miss Fourman and Mrs. Vance, our science,



technology, engineering, and math (STEM) coach.

## Community Partners

We have several organizations in the community who come in and do activities with the students in the Afterschool Program throughout the year. This month Whitney Walterhouse from the Ohio State University Extension Office did a nutrition and healthy eating activity with our kids.

First, Whitney taught the students about the five food groups and MyPlate. Once students had a better understanding of the five food groups and MyPlate, they created their own MyPlate meals. In addition, they used MyPlate magnets and placemats to sort the food in their meals into the five food groups.

Students even had the chance to make their own healthy meals. With the help of Whitney and the Afterschool Program staff,

students made turkey, cheese, and spinach wraps on whole wheat tortillas. Before preparing their meals, Whitney talked about the importance of good handwashing before cooking and the different measuring tools used in the kitchen. The students were also given a recipe card and a Celebrate Your Plate pencil.

Our other community partners include the Crawford Success Center, Bucyrus Public Library, Lowe-Volk Park, and the Police and Fire Departments.

## Getting Active

Every day in the Afterschool Program, our students get active by playing outside or in the gym. Students can choose from a variety of games such as four square or basketball.

## Upcoming Events:

- No program November 19-22.